

Mind
Rotherham
and Barnsley

THRIVING COMMUNITIES
LONELINESS AND ISOLATION
PROJECT



The Impact of Loneliness and Isolation.

What does the data show?



Over 9 million adults are often or always lonely.
(British Red Cross and Co-op)



50% of disabled people will be lonely on any given day.
(Sense)



43% of 17 - 25 year olds using Action for Children services experienced problems with loneliness.
(Action for Children)



Over half of parents (52%) have had a problem with loneliness with **21%** feeling lonely in the last week.
(Action for Children)



For **3.6 million** people aged 65 television is the main form of company.
(Age UK)



58% of migrants and refugees in London described loneliness and isolation as their biggest challenge.
(The Forum)



More than **1 in 3** people aged 75 and over say that feelings of loneliness are out of their control.
(Independent Age)

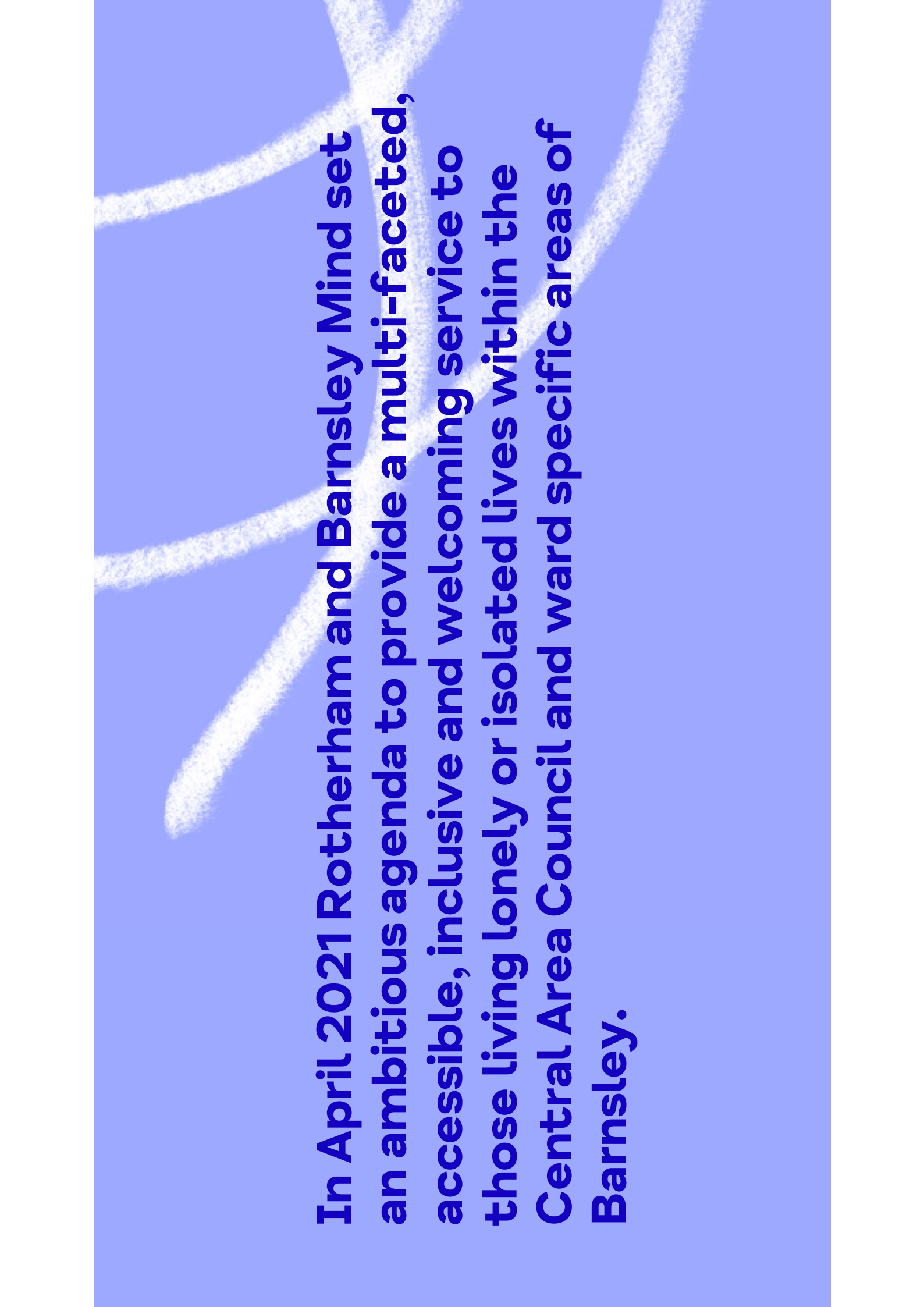


More than **1 in 10** men say they are lonely, but would not admit it to anyone.
(Royal Voluntary Service)



38% of people with dementia said that they had lost friends after their diagnosis.
(Alzheimer's Society)

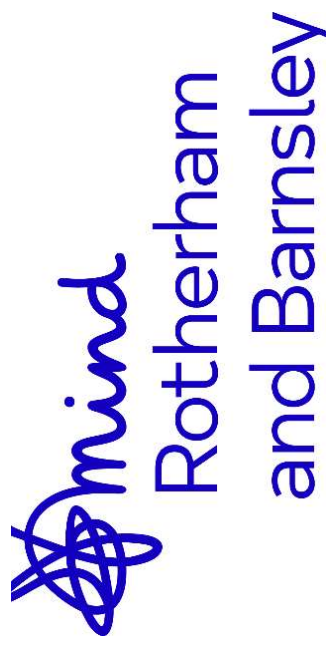
8 out of 10 carers have felt lonely or isolated as a result of looking after a loved one.
(Carers UK)



In April 2021 Rotherham and Barnsley Mind set an ambitious agenda to provide a multi-faceted, accessible, inclusive and welcoming service to those living lonely or isolated lives within the Central Area Council and ward specific areas of Barnsley.

The background is a solid blue color with several white, hand-drawn, chalk-like scribbles that resemble curved lines or paths. The text is centered and written in a bold, white, sans-serif font.

As a result of our vision the Thriving Communities Project was born and has steadfastly adhered to its commitment to reach out to our target communities and ensure they receive the support they need.



How are we using our funding?

Current Initiatives



Men's
Chill and
Chat
Group



Individual
Sessions



Eco Gym
(partnership
with Recovery
College)



Ladies
Group

Current Initiatives



Community Workshops



Partnership Working and Project Promotion

Volunteer Programme



Signposting Service

Future Initiatives



Creative Crafts Group
(in Partnership with
Oakwell Training)

Online Support
Group





What do our
people say
about us?

Client Satisfaction Questionnaire

100 percent of those sampled said they would rate the **quality** of the service they received as excellent.



Client Satisfaction Questionnaire

88 percent of those sampled said our service had **helped** **them** feel less lonely/isolated.

12 percent said they felt somewhat less isolated/lonely.



Client Satisfaction Questionnaire

88 percent of those sampled said they were very satisfied with the **overall** service they received.

12 percent said they were somewhat satisfied.



Client Satisfaction Questionnaire

100 percent of those sampled said they would **recommend** our service to others who are lonely/isolated.



Group Session Evaluation (comments)

“Really enjoyed
today”

“It has helped me
tremendously”

“I got up and showered
today”

“made my mental
health 100 times
better”

“taught me to have
empathy”

“excellent session,
feel so much better
today”

Our people have their say



**Our people
have their
say**



A Team Effort



A big thank you to all the staff, volunteers and people that use our service for their support in the making of this presentation. Without you there would be no Thriving Communities Project.